Eighth Sunday in Ordinary Time



First: Sirach 27:4-7

Second: 1 Corinthians 15: 54-58

Gospel: Luke 6: 39-45

FOCUS: From the fullness of the heart the

mouth speaks.

We all know there are times when something "slips out" in our speech. There are times when we perform some questionable action or react more strongly than we intended. The Scriptures today alert us to the relationship of what is in our hearts and minds with what is on our lips. Only goodness can overcome evil and produce goodness — as incorruptibility and immortality overcome that which is corrupt and mortal, and as Jesus Christ overcame the sting of death.

LITURGY OF THE WORD: Sirach writes of revealing

the qualities of things: Pottery in a furnace, a shaken sieve, the fruit of a tree, and the speech of a person. In the second reading, Paul affirms Jesus'



victory over sin and death. In the Gospel, Jesus teaches that a person with a store of goodness in his or her heart produces good, while a store of evil produces evil.

MASS INTENTIONS

5 p.m.: Mary Olsen, Stephen Maher and Donald White 10 a.m.: Stanley Lewis, Larry Lewis and Richard Tolliver

TREASURER'S REPORT

February 20-26: Totaled \$ 5,527.65Envelopes: \$ 2,990.00 – Online: \$ 2,537.65

THANK YOU!

WHY ASHES?

Ashes symbolize our mortality. They are a physical reminder that our bodies will decay, but our souls will live on in eternal life.



Fr. Antony Kadavil further reflects on the symbol of the cross of ashes on our foreheads: "The cross of ashes means that we are making a commitment – that we are undertaking Lent as a season of prayer and penitence, of dying to ourselves. It also describes our human condition: It says that we are broken and need repair; that we are sinners and need redemption. Most importantly, it tells us that, as followers of Jesus Christ, we are to carry our crosses."

LENTEN FAST AND ABSTINENCE

During the season of Lent, the Church urges the faithful to reflect a spirit of penance in their daily lives through performing acts of fast and abstinence.

- Lent begins on Ash Wednesday, March 2, and ends on Holy Thursday, April 14.
- Ash Wednesday and Good Friday are days of fast and abstinence. This is a serious matter within Church law.
- Fasting means only one full meal a day may be taken. Two smaller meals may be eaten to maintain physical strength, but together they should not equal another full meal in quantity. Snacking between meals is not permitted. Catholics ages 18-59 are obligated to fast on Ash Wednesday and Good Friday. Those who are not specifically obliged to fast are encouraged to join in the discipline of fasting to the extent that they are able.
- Abstinence forbids the eating of meat or poultry.
 Those who have reached the age of 14 and older are obligated to abstain on Ash Wednesday and all Fridays of Lent. Those who are not specifically obliged to abstain from eating meat are urged to join in the discipline of abstaining to the extent that they are able.



"...Your gift to the Appeal enables us to sustain financially vulnerable parishes, to provide communities with the charitable assistance they need, to evangelize and educate, to form the priests of tomorrow, and to offer compassionate care for our retired priests. This year's theme "To Whom Shall We Go?" is a part of scripture so near to my heart that I chose it as my Episcopal motto. It is both a prayer and an answer to much of the uncertainty floating around these days. It reminds us that the answers to the deepest questions of our hearts lie with our Lord who stands with us ..."

ORANGE COUNTY SYNOD SESSION

All are invited to the Orange County Synod Listening Session scheduled for Saturday, March 12, at St. Joseph's Church, Middletown. Time and further details to follow.



For a synodal Church

communion | participation | mission

'During Lent, let us find concrete ways to overcome our indifference."

Pope Francis

THE GIVING BASKET

You will note during Lent quite the innovative Easter basket in Deacon John Hall, waiting to be filled. However, rather than the Easter Bunny, it's students in our Religious Education program – along with any parishioners who wish to hop to it as well – who will be bringing gifts for Montgomery Nursing Home residents.

All ears yet?

It is these eggs-act items only that are needed, unused and unwrapped, and placed in the basket by Sunday, April 3:

Beaded bracelets
Small coin purses
Baseball caps
Adult coloring books/colored pencils
Stationery and pens
Word Find puzzle books
Large-piece puzzles
Scarves/shawls

Blankets/throws
Slipper socks with non-skid soles
Small stuffed animals

Room décor

(Such as small artificial plants and wall hangings)
Lip balm

Lotion

Some bunny's sure to be grateful for your generosity!

IN THE LOOP

Mass with distribution of ashes will be celebrated at 9 a.m. and 7 p.m. this Wednesday, March 2, which is Ash Wednesday.

What better day to **celebrate the Irish** than St. Patrick's Day (Thursday, March 17)? And that's just what's happening at the National Shrine of Our Lady of Mount Carmel.

The day opens with a conference featuring Sr. Peggy Murphy, a retired professor of religious studies, titled "St. Patrick, St. Brigid and Irish Songs." Mass follows at 11:30 a.m.

There will be "a light Irish fare" lunch before the second presentation. That conference at 1 p.m., delivered by Vincent Begley, provincial archivist, is titled "The New York Carmelites and the Irish Struggle for Independence."

The cost is \$20. Contact Carol Bezak, shrine director, at 845-343-1879 or cbezak@carmelites.com.

Extraordinary Ministers of Holy Communion, Lectors, Ushers and Parish Musicians are invited to a **Lenten Day of**

Prayer and Reflection to take place from 10 a.m. – 3 p.m. on Saturday, March 12, at St. Joseph's Seminary in Yonkers. The presenter is Fr. Sebastian White, O.P., editor-in-chief of Magnificat magazine. The \$30 registration fee includes lunch. For more info: 914-968-6200 Ext. 8177, liturgy@archny.org or visit nyliturgy.org/dayofreflection.

Young men between the ages of 12 and 18 are invited to **St. Joseph Day**, a free event March 19 at the seminary to explore the four dimensions of priestly formation. Timothy Cardinal Dolan will celebrate Mass at noon, and the day includes prayer, talks, food trucks and rock climbing. To learn more, visit nypriest.com.

Free tax-preparation assistance is available through AARP Foundation Tax-Aide. For an appointment, call 2-1-1 (the United Way's Help Line) between 9 a.m. and 2 p.m. Monday-Thursday or 9 a.m.-1 p.m. Friday. There are 15 sites in Orange County.

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