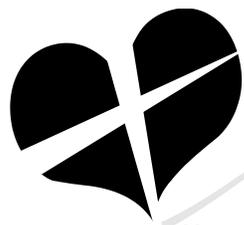


Fifth Sunday in Ordinary Time



Jesus heals
the broken hearted

February 4, 2018

Saturday, Feb. 3, 2018

5:00 p.m. – Bridget Brewer, Dan Mullin,
Bruno Andidero

Sunday, Feb. 4, 2018

9:00 a.m. – Elaine Blaut, Joan Horton
Anna Regina

11:00 a.m. – Rose Calabrese, Joseph Grimaldi,
Edmund Slesinski

Monday, Feb. 5, 2018

6:30-8 p.m. – Religious Education

Tuesday, Feb. 6, 2018

10:00 a.m. – Lenten Bible Study

6:30-8 p.m. – Religious Education

6:30 p.m. – Lenten Bible Study

Wednesday, Feb. 7, 2018

12:00 p.m. – Senior Luncheon

6:30-8 p.m. – Religious Education

7 p.m. – 5th Grade Parent Workshop

Thursday, Feb. 8, 2018

7:00 pm. – AA

7:15 pm – Choir Practice

Friday, Feb. 9, 2018

6:30 pm. – Adult Faith Formation

Saturday, Feb. 10, 2018

5:00 p.m. – Louis Cipriani, Erica Swenson
Paul Pohlman

Sunday, Feb. 11, 2018

9:00 a.m. – Deceased Members of the Gribbin Family
Brian Kaleita, Wolter Konefoll

11:00 a.m. – Mark Vulaj, Rudolfo Adduru

ASH WEDNESDAY MASSES

Mass on **Ash Wednesday, Feb. 14**, a day of fasting and abstinence, will be celebrated at **9:00 a.m.** and **7:00 p.m.**, and ashes will be distributed at both Masses.

Eucharistic Ministers, three of whom at each Mass will also help with the distribution of ashes, and **Lectors** are needed for those Masses. Sign-up sheets are on the bulletin board outside Deacon John Hall.



CONSIDER BIBLE STUDY

Lenten Bible Study takes place Tuesdays and begins this **Tuesday, Feb. 6**. The morning session is at **10 a.m.** (not at 11 a.m. as indicated on the calendar - oops); the evening session is at **6:30 p.m.**

Prayer is one of the pillars of Lent, and delving into the Gospel of John is one way to strengthen that pillar in a most relevant way. In their discussions, the group focuses on literally how to practice what is preached, how to incorporate the messages into everyday life. For more information, call **Eileen Carson** at **551-2842**.

LENTEN RETREAT

The Adult Faith Formation Committee is pleased to announce its **Lenten Retreat** titled: “Christ, Our Joy: How a Personal Relationship with Christ Can Transform Your Spiritual Life,” presented by Jennifer Edwards. It will take place **Saturday, March 10** (snow date is March 24). More details will follow.

WELCOME

We welcome into our Christian community **Ashton Dixon Higinson-Close** and **Quinn Margaret Conboy**, who were recently baptized at St. Paul’s.

Please keep them and their families in your prayers.

TREASURER’S REPORT

January 27 and 28: Totaled ~ \$5,549.15
Collection \$4,205.00 – Online \$1,344.15
Thank you!

LENT BEGINS NEXT WEEK

Each year Catholics commemorate the season of Lent, a special time of preparation before the glorious celebration of Easter. It is a vital part of the liturgical year, but at times can be a bit confusing. So here are the basics of this year's Lenten journey:

Ash Wednesday is on Valentine's Day

On a day typically reserved for chocolates, candies and delicious meals shared with a loved one, this year the Church asks us to fast, pray and abstain from meat. Take it as an opportunity to pray with each other and grow deeper in a true and abiding love of God.

Lent lasts 40 days and ends on April 1 (no fools!)

In imitation of Jesus fasting in the desert, the Church instituted a special season of fasting that lasts 40 days. However, the six Sundays in Lent are not considered part of the official "Lenten fast" (every Sunday is a special remembrance of the Resurrection of Christ). For this reason, Easter is technically 46 days after Ash Wednesday. This year Easter lands on April 1, but is no joke!

Three pillars of Lent: prayer, fasting and almsgiving

According to the *Catechism of the Catholic Church*, "The interior penance of the Christian can be expressed in many and various ways. Scripture and the Fathers insist above all on three forms, fasting, prayer, and almsgiving, which express conversion in relation to oneself, to God, and to others. Alongside the radical purification brought about by Baptism or martyrdom they cite as means of obtaining forgiveness of sins: effort at reconciliation with one's neighbor, tears of repentance, concern for the salvation of one's neighbor, the intercession of the saints, and the practice of charity 'which covers a multitude of sins.'" Lent is a time to practice these essential spiritual practices and clean out our interior house.

Abstinence and fasting

Abstinence - All Catholics who have reached their 14th birthday are obligated to abstain entirely from meat on Ash Wednesday and ALL of the Fridays of Lent.

Fasting - Fasting means limiting oneself to a single full meal and avoiding food between meals. Two other light meals, which altogether do not equal a full meal, may be taken during the day. All Catholics between the ages of 18 and 59 are obligated to observe the laws of fast on Ash Wednesday and Good Friday.



SENIOR CITIZEN LUNCHEON

As the first Wednesday nears, so does the monthly Senior Citizen Luncheon. All those age 55 and older are invited to this popular gathering with a centerpiece of a delicious meal. The camaraderie begins at **noon**, this month on **Feb. 7**. A free-will offering will be taken. If you have any questions or would like to help, call **Helen Schwarting at 744-3026**.

HELP FEED THE HUNGRY

Following an active food-pantry Saturday, the shelves are in need of restocking. Donations of cans of Spam, cans of tuna, cans of chicken breast, cans of ravioli, SpaghettiO's, chili, cereal, oatmeal, pancake syrup, Ramen Noodles, spaghetti sauce, mayonnaise, jam, jelly, instant mashed potatoes and snacks, such as granola bars and fruit cups, would be most appreciated.

'I AM WITH YOU ALWAYS'

Join author and historian James Monti from **7-8:30 p.m. on Friday, Feb. 16** at St. Joseph's Seminary in Yonkers for a Eucharistic Adoration Seminar, titled "I Am With You Always."

The seminar will explore the development of the rites of Eucharistic exposition, benediction and processions of the Blessed Sacrament in liturgical books from the 11th century to today. The rites of Eucharistic worship associated with the liturgies of Holy Thursday and the Feast of Corpus Christi and the customs of a Holy Hour, the Forty Hours Devotion and perpetual adoration will also be presented. The pastoral and theological dimensions of these observances will be addressed, and answers will be given to practical questions that can arise at the parish level.

The registration fee is \$10 and can be done online at nyliturgy.org/workshops. For more information, call Fr. Matthew Ernest at (914) 968-6200.

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